



Assessment the standard of physical education and sports in Himachal Pradesh

Dr. Vijay Prashar

Research, Department of Physical Education, Punjab University, Chandigarh, India

Abstract

The purpose of the study was to find assessment the standard of Physical Education and sports in Himachal Pradesh. A survey type study was designed to collect the required information and material through primary and secondary sources. The study was delimited in schools, colleges and universities, sports department of Himachal Pradesh.

The procedure adopted to collect the data was through questionnaires, interviews and field visits. The Primary data collected for study-Administrative officers (20) working in sports department. Secondly Lecturers- (50) and D.P.E's (100) working in schools, colleges and universities of Himachal Pradesh and a views of coaches (50), the Total samples 220 were selected for the study.

The researcher had sought their responses through structured questionnaires and secondary data were collected from office records. The conclusions have been drawn on the basis results of study. The administrators and lecturers, D.P.E's were satisfied with the infrastructures of physical education and sports in Himachal Pradesh. But in case of coaches. they were not satisfied with the present infrastructures. Encouragement should be given to those games which can be played in the hilly state. there was a lot of scope in indoor games in Himachal Pradesh.

Keywords: physical education, sports in Himachal Pradesh

1. Introduction

Physical Education and sports being human natural phenomenon, has the potential of providing means of self-expression to people. It is limited not only to the development of individuals but also has other dimensions. A healthy citizen is an asset to the country, while a sick person is a burden. Physical education and sports have rightly been defined as gaining of the life for children and renewal of adult's physical vigour.

Keeping in view "Assessment the standard of physical education and sports in Himachal Pradesh. The present study has been undertaken to evaluate the standard of physical education and sports in Himachal Pradesh.

1.1 Statement of problem

"Assessment the standard of physical education and sports in Himachal Pradesh".

2. Objectives of the study

1. To trace the assessment the standard of physical education and sports in Himachal Pradesh.
2. To examine the sports policies, sports promotion schemes, budget of Himachal Pradesh.
3. To evaluate the organizational and administrative structure, achievement of sports in Himachal Pradesh.

2.1 Hypotheses

There would be no significant difference in assessment the standard of physical education and sports in Himachal Pradesh.

There would be no significant difference in the curriculum of physical education was implemented by Himachal Pradesh.

There would be significant difference that the meager availability of funds blockage in the development of physical education and sports in Himachal Pradesh.

2.2 Delimitations

1. Schools, colleges & universities of Himachal Pradesh.
2. Sports department, SAI in Himachal Pradesh.

2.3 Limitation

The data thrown up by four questionnaires and field visits, could have been interpreted in more than one way and it could also have been more faithfully exploited to give much more information but due to limited resources, time and patience, all avenues were not tapped.

3. Methodology

The procedure adopted to collect the data was through questionnaires, interviews and field visits. The questionnaires for administrators, Lectures, D.P.Es., coaches has been modified by research scholar in consultation with supervisor and experts in the field. And another questionnaire has been developed by research scholar himself by following the proper procedure. The material was collected from primary and secondary sources.

3.1 Design of study

A survey type study has been designed to collect the required information and material through primary and secondary sources.

Both primary and secondary sources, were used in collection of data. Data was mostly collected from Administrators and Lecturers, D.P.Es, Coaches, of the Himachal Pradesh

schools, colleges, universities, sports department by questionnaires and interviewing them by the research scholar personally.

3.2 Sample

The details of the sampling procedure were given as under:-

i) Administrators	: 20
ii) Lecturers (P hy.Edu.)	: 50
iii) D.P.E	: 100
iv) Coaches	: 50
Total	: 220

3.3 Methods for data collection

Following tools were used for the collection of data:

a) Primary data

- i) Questionnaires
- ii) Interviews
- iii) Field visits

b) Secondary data

- i) Office records

3.4 Statistical analysis

The analysis of data chi-square test would be used, the calculated value of chi-square was compared with the table of χ^2 for given degrees of freedom at 0.05 level of significance.

4. Findings and results

The following conclusions have been drawn on the basis of results of the study.

4.1 Administrators

1. The Administrators were not satisfied with the facilities for coaching in schools, colleges, universities, sports department in Himachal Pradesh.
2. The Administrators were satisfied with the holding of coaching camps, and Administrators were also satisfied with coaching camps conducted during summers and competition season. But in case of preparation coaching camp, absolutely Administrators were not satisfied.
3. The Administrators were not satisfied with the equipment given to players by different Institutions in Himachal Pradesh.
4. The Administrators were not satisfied with the selection procedure of selectors at schools colleges, universities, of Himachal Pradesh.
5. The Administrators were not satisfied with the selection procedure of players at schools, colleges, universities level in Himachal Pradesh.
6. The Administrators were satisfied with the refreshment given after match to the players at University level. But they were not satisfied in case of refreshment given before Zonal/District tournament, inter-college and International level matches.
7. The Administrators were not satisfied with the Government policies for improvement of physical education and sports.
8. The Administrators were not satisfied with the regular seminar and clinics for promotion physical education and sports.
9. The Administrators were not satisfied with the infrastructure of sports department in Himachal.

10. The Administrators were satisfied with the various promotion schemes and their impact on the development of sports.
11. The Administrators were not satisfied with the time schedule provided for sports activities.
12. The Administrators were satisfied with the budget allocation for physical education and sports.
13. The Administrators were not satisfied with Government was not serious about development of physical education and sports in the state.
14. The Administrators were satisfied with the facilities provided by Government of Himachal Pradesh for physical education and sports.

4.2 Lecturers (Physical Education)

1. The lectures (Phy.Edu) were satisfied with the grounds/court facilities, for tracks and field, indoor gymnasium available for various games in Himachal.
2. The lectures (Phy.Edu) were satisfied with training facilities. They were also satisfied with the coaching camps, summer competition, coaching camps they were satisfied.
3. The lecturers (Phy.Edu) were satisfied with the quality of equipment supplied by during practice and during competition in the state.
4. The lecturers (Phy.Edu) were satisfied with the regularity of players during camp in Himachal.
5. The lecturers (Phy.Edu) were satisfied with the quality of diet. In case of nature of the matches, and co-operation given by other staff members they were also satisfied with these cases.
6. The lecturers (Phy.Edu) were satisfied with the selection procedure of players at college, school level and also in case of selection procedure of selectors at college, school level, who selects the players at different level in the state.
7. The lecturers (Phy.Edu) were not satisfied with the existing incentives for attracting players.
8. The lecturers (Phy.Edu) were satisfied with various courses and workshop, which were useful for performance. They were satisfied with the promotional avenues in department. In case of great need of sports hostels in Himachal, they were satisfied.
9. The lecturers (Phy.Edu) were not satisfied with the curriculum of physical education being implemented by Himachal Pradesh. They were not satisfied with the present's sports funds for physical education and sports.
10. The lecturers (Phy.Edu) were satisfied with administration of physical education and sports, and with the working independence of lecturers they were satisfied.
11. The lecturers (Phy.Edu) were not satisfied with the Budget allocation for physical education and sports department in the state.
12. The lecturers (Phy.Edu) were satisfied with the Himachal Government policies of improvement physical education and sports. They were satisfied with the recruitment of Lecturers in the state.
13. The lecturers (Phy.Edu) were satisfied with the refresher courses were necessary for physical education. The Lecturers and in case of facilities provided by Himachal Pradesh for physical education and sports.

4.3 D.P.Es

1. The D.P.Es agreed that there was lack of D.P.Es which affect the development of physical education in the state.
2. The DPEs were not satisfied with salary given by Himachal Government.
3. The DPEs were satisfied with regular seminar, clinics for promoting physical education and sports and similar in case of infrastructure of sports in Himachal Pradesh.
4. The DPEs were not satisfied that the people of Himachal Pradesh were not aware the importance of physical education and sports.
5. The DPEs were satisfied with the sports policies of Himachal Government and also with sports promotion schemes in Himachal.
6. The DPEs were not satisfied with the sports achievements of Himachal Pradesh.
7. The DPEs were satisfied with the transfer policies and public attitude towards sports in Himachal Pradesh.
8. The DPEs were not satisfied with the time schedule provided by the schools for sports activities in the state.
9. The DPEs were satisfied in case of invite private firms for the promotion and sponsorship of sports. They felt more sports hostel were needed to lift the standard of sports in the state.

4.4 Coaches

1. The coaches were satisfied with the reason of facilities and infrastructure for sports in Himachal.
2. The coaches were not satisfied with the regular coaching camps conducted by the sports department.
3. The coaches were satisfied with sports hostels, sports achievements, and proper co-ordination among coaching/training facilities in sports department in Himachal Pradesh.
4. The coaches were not satisfied with the players' response toward sports in Himachal.
5. The coaches were satisfied with the Sports Associations' contribution. They believed that there was a lack of coaches, similar in case of refresher courses, workshop organized in the State.
6. The coaches were not satisfied with the quality of equipment supplied by sports department.
7. The coaches were satisfied with the incentives given by the Himachal to sports persons.
8. The coaches were not satisfied with the budgetary provisions for the sports in Himachal.
9. The coaches were agreed that lack of fund was blocking development of sports in the state.
10. The coaches were not satisfied with the existing administration of academic/sports department and were not satisfied with the working independence of coaches in Himachal Pradesh.
11. The coaches were satisfied with the recruitment policy of coaches in the state.
12. The coaches were not satisfied with the different qualification for recruitment for SAI and sports department coaches.
13. The coaches were satisfied with the transfer policy, and pay scale. They believed that research being done was beneficial for Himachal Sports.
14. The coaches were not satisfied with the State Government was not serious about improvement of sports.

15. The coaches were satisfied with the sports activities should be compulsory at school level in Himachal Pradesh.

5. References

1. Balokhra Jag Mohan. The Wonderland of Himachal Pradesh Published by H.G. Publication –New Delhi. 2002; 5:16-18.
2. Hakensmith CW. History of Physical Education by Harper and Row, Publishers- New York, 1965, 16.
3. Coker CE. A survey of Physical Educations programmes for boys in selected senior high schools Lovislon 1967-70 academic years Dissertation Abstracts International 33:1484-85A.
4. Govindrajulu KL. What the Indian Universities can do for physical education, Journal of physical Education and Recreation. 1959; 7:16-19.
5. Hery F. Physical Education: An Academic Discipline, Journal of HPER. 1964; 37:7.
6. Prasad Yoginder. A study of facilities organization and administration of Physical Education and sports in Himachal Pradesh Universities, An unpublished Ph.D Thesis of Punjab University Chandigarh, 1993.
7. Rohit Cap MS. The Himalayas playground of the God. Vikash Publishing House Pvt Ltd, 1983, 63-101.